

# Cycle in the City!

**Sunday, May 22, 2011**  
**Registration at 9:00 am**  
**Rides start at 10:00 am**

**Meet in front of the MOST\***  
500 S. Franklin Street  
Syracuse

**Join us for  
fun and FREE activities!**

**Spin through downtown Syracuse  
on a guided bicycle ride**

Short Ride: 3 Miles, for ages 8 and up

Long Ride: 10 Miles, for ages 12 and up

**FREE** T-Shirts for all riders (while supplies last)

**Kids! Enjoy the Bike Rodeo**

**FREE** Bike Helmets (while supplies last)



**Learn how you can support  
complete streets in your community!**

Joanne M. Mahoney  
County Executive



www.ongov.net

Cynthia B. Morrow, MD, MPH  
Commissioner of Health



Funded by the New York State Department of Health

**For more information  
call Onondaga County  
Health Department:**

**435-3280**